

# EVIDENCE-BASED ANTI-AGING MEDICINE HORMONE REPLACEMENT THERAPY

By

**Wimpie Pangkahila, M.D., Ph.D**

**Wong Lip Wih, Ph.D**



Dr. Wimpie Pangkahila, MD, PhD is a Professor at the Medical Faculty Udayana University in Bali, Indonesia. He is the pioneer of Anti-Aging Medicine in Indonesia. With his expertise as an Andrologist, especially in hormonal aspect, he established the Master Degree Program in Anti-Aging Medicine at the Udayana University in 2007. This Post Graduate Program in Anti-Aging Medicine is noted as the first in the world. In 2011 the PhD Program was also established.

This is his third book in Anti-Aging Medicine while his other 21 books were in Andrology and Sexology. Professor Pangkahila has written 166 papers which were presented in scientific events in some countries. On the other side his life, he is also a writer of 1 book of poetry, 1 book of social problems and 2 novels. Amidst his hectic life, in teaching, research, and clinical practice, he had held a talk show program on TV.



Wong Lip Wih, BPharm, MSc, PhD obtained his bachelor of pharmacy, Master of Science and doctorate degree from Kings College, UK. He is a registered pharmacist at UK and also a certified compounding pharmacist. He spent many years in both pharmaceutical and cosmetic industries and is still active in research and teaching at University of Indonesia. Dr. Wong's main interests are in the area of skin care delivery system, cosmetic safety & efficacy testing and naturally derived active ingredients. He is the course director of The Institute of Cosmetic and Aesthetic Science (INCAS) and he regularly conduct workshops for doctors of various specialties where he found the need of disseminating evidence-based and scientific information to the doctors.

He is the author of "Estrogen Dominance & Forgotten Progesterone" and has also written several books on green science.



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